



VILLAGE OF TIJERAS SENIOR CENTER

April Lunch Menu 2024 11:30 to 1:00

Please Remember to Call in 24 Hours in Advance to RSVP YOUR LUNCH
505-930-2658

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salisbury Steak w/Gravy Roasted Redskin Potatoes Malibu Blend Vegetables Fruit Mix 1% Milk	2 Rotisserie Chicken Brown Rice Beets Dinner Roll w/Margarine Banana 1% Milk	3 Turkey Chef Salad Orzo Pasta w/Red Peppers Croissant Tapioca Pudding 1% Milk	4 Bean & Cheese Burrito Topped w/Red Chile and Cheese Collard Greens Calabacitas Apple 1% Milk	5 Garlic Tilapia Pasta w/Diced Tomatoes Green Beans Grapes 1% Milk
8 Sloppy Joe Ranch Beans Mixed Vegetables Yogurt 1% Milk	9 Diced Pork w/BBQ Sauce Butter Parsley and Red Potatoes Steamed Carrots Peaches 1% Milk	10 Turkey Fajitas w/Tortilla Spanish Rice Mexi-Corn Chocolate Pudding 1% Milk	11 Egg Salad Sandwich Cucumber, Tomato, Red Onion 3 Bean Salad Honey Dew 1% Milk	12 Breaded Cod w/Tartar Sauce Orzo Pasta w/Black Olives Green Beans Chocolate Cake 1% Milk
15 Carne Adovada Tortilla Spinach Pinto Beans Tapioca Pudding 1% Milk	16 Baked Chicken Mashed Potatoes Collard Greens Dinner Roll w/Margarine Banana 1% Milk	17 Beef Patty w/Mushroom and Swiss Mixed Vegetables Cauliflower Orange 1% Milk	18 Denver Omelet Stewed Tomato Diced Potatoes Pear 1% Milk	19 Spaghetti w/Meat Sauce Imperial Blend Vegetables Garlic Breadstick Green Apple 1% Milk
22 Frito Pie Imperial Blend Vegetables Corn Chips Orange 1% Milk	23 Bratwurst With Onion and peppers Hoagie Roll Baked Beans Diced Potatoes White Cake 1% Milk	24 Pork Loin Black Eyed Peas Brown Rice w/Red Peppers Cookie 1% Milk	25 Baked Ziti w/Mozzarella Cheese Mixed Vegetables Garlic Breadstick Apple Sauce 1% Milk	26 Beef Tips w/Noodles Malibu Blend Vegetables Peach Crumble Dinner Roll w/Margarine 1% Milk
29 Chicken Tender w/BBQ Sauce Green Beans Sweet Potatoes Diced Peaches 1% Milk	30 Salmon w/Garlic Butter Fajita Blend Vegetables Brown Rice Vanilla Pudding 1% Milk	1 Beef Stir Fry Steamed Carrots Orzo Banana 1% Milk	2 Southwest Omelet w/Red Chile Diced Potatoes Stewed Tomatoes Cantaloupe 1% Milk	3 Turkey Pot Pie Diced Beets Baked Cinnamon Apples 1% Milk

