

Village of Tijeras Senior Center

10 Tijeras Ave., Tijeras, NM 87059
(505) 286-4220; Meals (505) 930-2658
Hours: Monday - Friday, 8:30am - 4:00pm

April 2025



60+ Congregate Meal Program

Monday-Friday, 11:30am - 1:00pm.

A service of the Area Agency on Aging and the City of Albuquerque.

See Arnold, Meal site Coordinator for meal registration. Reserve your lunch *no later than 1:00 pm* the previous business day at (505) 930-2658.

Classes, Activities & Events

See Rita, Center Manager for Center registration. Annual membership is \$10 per person. **April memberships are due.**

Daily Drop-In Activities

Billiards Fitness Room
Library Puzzles
Ping Pong Computer Lab
Outdoor Exercise Circuit Darts

Coffee and Goodies -8:30-11:30am

Donations of snacks appreciated.

Mondays

AARP Tax Assistance - 8:30am-1:15pm
(April 7, 14)

Chair Exercise with Valerie- 9:30am

Tuesdays

Get Fit class - 9:00am (Apr. 1)

Embrace Aging class - 10:00am (Apr. 1)

Guitar -10:00am

Basket Weaving- 10:00am /12:00pm

Beginners Guitar- 12:30 pm

Free Groceries (3rd Tuesdays) -10:00am

Wednesdays

Crochet - 10:00am

Zumba/Aerobics - 10:00am

Sewing - 12:30pm

Beginners Spanish - 12:45pm

Thursdays

Get Fit class - 9:00am (Last class 4/3)

Watercolor Painting - 9:30am

Embrace Aging class - 10:00am (Last class 4/3)

T.O.P.S. - 10:00am

Beading class - 11:00am

All Faiths Bible Study - 11:30am

Flower Day - Every Thursday, flower donations from Trader Joe's for registered senior center participants.

Fridays

Popcorn Fridays - 9am-11:30am

Embroidery Machine class -9:00am

Chair Exercise with Valerie- 9:30am

Bingo- 10am-11:30am

Monthly Birthday Celebration (3rd Friday, usually) -12:30-2:00p



Village Clean Up Day

Saturday, April 12, 10am-2pm

Come help keep our village clean. Dump bins available.

Report to Village Hall parking lot.

April Events Line-up

Mark your calendars...



Gardening Meeting - Wednesday, April 2, 9:30am. Anyone interested in volunteering to plant and maintain the gardens at the Center, please attend.

Trip to El Santuario de Chimayo - Tuesday, April 8, 8:00am. Sign up by 4/4. Lunch at a cafe.

Sandia Vista Senior Living information - Tuesday, April 8, 11:00am

Watercolor Painting and Weaving class Exhibit - cont. thru April 10.



Trip to 50+ Senior Tech Connect Fair at North Domingo Baca - Friday, April 11, 8:30am. Learn computer skills. Sign up by 4/8.

Free Groceries - Tues., Apr. 15, 10am. Come early! Don't miss out! For low-income seniors (under \$1500 mo.), sponsored by Silver Horizons and Bernalillo County.



April Birthdays Celebration, Friday, Apr. 18, 12:30pm. Music by Gabe.

NM Aging Services Information -Friday, Apr. 18, 10am-1pm

Bee Hive Homes of Edgewood Information - Friday, Apr.18, 11:00am

Happy Easter! - Sunday, April 20

Upcycled Crafts class - Monday, April 21, 12:30pm. Turn a plastic bottle into a planter.

Earth Day Planting - Tuesday, April 22, 9:30am. Come help plant xeriscape plants in the Memory Garden.



Volunteer Recognition Program - Thursday, April 24, 12:30pm. Join us as we thank our fabulous volunteers!

Trip to the Senior Prom - Friday, April 25, 9:00am. Sign up by 4/18.



National Oatmeal Cookie Day - Wednesday, April 30. Bring your best oatmeal cookies to share!



Many thanks to Jaime Rios' krewe for creating a spectacular float for our Mardi Gras celebration on March 4!



The Memory Garden Dedication was held March 26. Thank you to Councilman Ernie Barnes for presiding, giving a heartfelt speech and reading the 41 names. Thank you to the volunteers who created the stepping stones and to the Talking Talons Youth group for creating the initial rock garden space.

Coming up in May... Older Americans Month
Friday, May 2 - Rummage Sale, 10am-2pm
Monday, May 12 - Senior Health and Information Fair, 9am-1pm
Friday, May 16 - Birthday celebration, 12:30pm
Tuesday, May 20 - Free groceries, 10am
Monday, May 26 - Memorial Day- Center closed.