

VILLAGE OF TIJERAS SENIOR CENTER

May 2025 Activity Calendar 505-286-4220 or 505-269-7518

Call 24 Hours in Advance to RSVP Your Lunch Call 505-930-2658

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
Salisbury Steak	Chicken Posole	Garlic Tilapia	Cheese Lasagna	Diced Pork
Gravy	Mushrooms	Brussel Sprouts	Roasted Veggies	Gravy
Rosemary	Spinach	Carrots	Dinner Roll	Sweet Potato Mash
Potatoes	Dinner Roll	Jell-O	Margarine	Green Beans
Malibu Blend	Margarine	1% Milk	Yogurt	Orange 1% Milk
Mixed Berry	Pears		1% Milk	
1% Milk	1% Milk			
5	6	7	8	9
Beef Tips Rotini	Beef Enchilada	Rotisserie	Cheese Omelet	Sweet & Sour Pork
Pasta	Red Chile	Chicken	Red	Brown Rice
Roasted Veggies	Spanish Rice	Mashed Potatoes	Chile/Peppers	Stir Fry
Green Beans Dinner Roll	Pinto Beans	Black-Eyed Peas	Diced Potatoes	Mandarin Orange
Margarine	Jell-O	Banana	Spinach	1% Milk
Seasonal Fruit	1% Milk	1% Milk	Peaches	
1% Milk			1% Milk	
12	13	14	15	16
Salisbury Steak	Cajun Tilapia	Carne Adovada	Pasta Primavera	Asian Chicken
Green Chile Gravy	Brussel Sprouts	Red Chile	Steamed Broccoli	Peppers
Mashed Potatoes	Sweet Potato	Pinto Beans	Dinner Roll	Brown Rice
Spinach	Mash	Spanish Rice	Margarine	Green Beans
Cupped Pears	Dinner Roll	Applesauce	Jell-O	Fortune Cookie
1% Milk	Margarine	1% Milk	1% Milk	1% Milk
	Yogurt 1% Milk			
19	20	21	22	23
Beef Chile Beans	Baked Cod Tarter	Baked Chicken	Veggie Swiss	Chicken Posole
Cauliflower	Sauce	Spinach	Burger	Spinach &
Dinner Roll	Quinoa	Corn/Edamame	Steamed Broccoli	Mushrooms
Margarine	Steamed Carrots	Jell-O	Sweet Potato	Dinner Roll
Brownie	Pear	1% Milk	Mash	Margarine
1% Milk	1% Milk		Yogurt	Mixed Berries
			1% Milk	1% Milk
26	27	28	29	30
VILLAGE HALL,	Chicken Tamales	Carne Adovada Red	Rotini Pasta	Beef Tips Gravy
MVD & SENIOR	Green Chile	Chile	Marinara Sauce	Brown Rice
CENTER WILL BE	Steamed	Corn w/Peppers	Spinach 2/Onions	Roasted Veggies
CLOSED IN	Mushrooms	Broccoli/ Cauliflower	Corn	Dinner Roll
OBSERVATION	w/Onions	Carrots	Jell-O	Margarine
OF MEMORIAL	Brussel Sprouts	Tortilla	1% Milk	Applesauce
DAY	Mixed Berries	Yogurt		1% Milk
	1% Milk	1% Milk		