



VILLAGE OF TIJERAS SENIOR CENTER

Lunch Menu

June 2025 From 11:30-1:00

Please Remember to Call in 24 Hours in Advance to RSVP FOR LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Chicken Sandwich Sweet Potato Mash Spinach/Onions Apple Slices 1% Milk	3 Greek Pasta Salad w/Diced Ham Cucumber Salad Dinner Roll Margarine Oranges 1% Milk	4 Pork Tamale Red Chili Spanish Rice Pinto Beans Jell-O 1% Milk	5 Mushroom Swiss Veggie Burger Diced Potatoes Stewed Tomatoes Dice Peaches 1% Milk	6 Beef Steak Grilled Onions Mash Potatoes Green Beans Pudding 1% Milk
9 Baked Ham Pineapple Sauce Rice Pilaf Sliced Carrots Yogurt 1% Milk	10 Egg Salad Sandwich Potato Salad Coleslaw Oranges 1% Milk	11 Salisbury Steak Gravy Mashed Potatoes Green Beans Mixed Berries 1% Milk	12 Rotini Pasta Parmesan Cheese Spinach/Onions Corn Jell-O 1% Milk	13 Teriyaki Pork Brown Rice Stir Fry Veggies Watermelon 1% Milk
16 Meatloaf Tomato Sauce Green Beans Cauliflower Apple Slices 1% Milk	17 Baked Chicken Thigh Spinach/Peppers Brown Rice Yogurt 1% Milk	18 Cheese Macaroni Broccoli/Ham Normandy Mix Brussel Sprouts Honeydew 1% Milk	19 VILLAGE HALL, MVD & SENIOR CENTER WILL BE CLOSED IN OBSERVATION OF JUNETEENTH DAY	20 Pork Roast Gravy Broccoli/Carrots Sweet Potatoes Dinner Roll Margarine Grapes 1% Milk
23 Red Chile Beef Enchiladas Pinto Beans Spanish Rice Yogurt 1% Milk	24 Chicken Salad May Contain Nuts Coleslaw Dinner Roll Margarine Mixed Berries 1% Milk	25 Baked Pollok Roasted Peppers Steamed Broccoli Dinner Roll Margarine Chocolate Pudding 1% Milk	26 Cheese Omelet Red Chili/Peppers Diced Potatoes Stewed Tomatoes Applesauce 1% Milk	27 Carne Adovada Calabacitas Green Beans Flower Tortilla Jell-O 1% Milk