

## **VILLAGE OF TIJERAS SENIOR CENTER**

## September 2025 Lunch Menu 505-286-4220 or 505-269-7518

## Call 24 Hours in Advance to RSVP your Lunch Call 505-930-2658

Monday	Tuesday	Wednesday	Thursday	Friday
1 VILLAGE HALL, MVD & SENIOR CENTER WILL BE CLOSED IN OBSERVATION OF LABOR DAY	2 Rotisserie Chicken Brussel Sprouts Sweet Potato Mash Dinner Roll Margarine Diced Pears 1% Milk	3 BBQ Pulled Pork Ranch Beans Spinach w Onions Dinner Roll Margarine Grapes 1% Milk	4 Veggie Posole Carrots Cornbread Chocolate Pudding 1% Milk	5 Beef Tips w/ Gravy Bowtie Pasta Steamed Broccoli Cauliflower Peach Cup 1% Milk
8 Teriyaki Chicken Stir Fry Veggies Green Beans w/ Mushrooms Brown Rice Fortune Cookie 1% Milk	9 Roasted Pork Loin w/ Brown Gravy Scalloped Potatoes Cabbage Slaw Dinner Roll Margarine Yogurt 1% Milk	10 Roast Beef Brown Gravy Sliced Carrots Mashed Potatoes Breadstick Banana 1% Milk	11 Pasta Primavera Spinach Diced Beets Mandarin Oranges 1% Milk	Pork Carnitas Red Chile Pinto Beans Flour Tortillas Warm Apple Slices 1% Milk
15 Meatloaf Gravy Mashed Potatoes Sliced Carrots Dinner Roll Margarine Yogurt 1% Milk	16 Rotisserie Chicken Brown Rice Sliced Beets Green Beans w/ Mushrooms Grapes 1% Milk	17 Chili Bowl Succotash Cornbread Mixed Berries 1% Milk	18 Southwest Omelet Stewed Tomatoes Diced Hash Browns Peaches 1% Milk	19 Herb Pork Loin Gravy Sauteed Zucchini Dinner Roll Margarine Applesauce 1% Milk
22 Baked Chicken BBQ Sauce Corn & Red Peppers Broccoli Cornbread Yogurt 1% Milk	23 Salisbury Steak Brown Gravy Mashed Potatoes Corn & Edamame Mandarin Oranges 1% Milk	24 Sweet & Sour Pork Stir Fry Veggies Brussel Sprouts Dinner Roll Margarine Warm Sliced Apples 1% Milk	25 Green Chile Cheese Enchiladas Pinto Beans Spanish Rice Pudding 1% Milk	Turkey Tetrazzini Italian Veggie Blend Breadstick Diced Pears 1% Milk