

# Village of Tijeras Senior Center



10 Tijeras Ave., Tijeras, NM 87059

(505) 286-4220; **Meals (505) 930-2658**

Hours: Monday - Friday, 8:30am - 4:00pm

**November 2025** Closed Nov. 11, 27, 28

## Classes, Activities & Events

See Rita, Center Manager for Center registration. Annual membership is \$10 per person. **November memberships are due.**

### Daily Drop-In Activities

|              |                  |
|--------------|------------------|
| Billiards    | Fitness Room     |
| Library      | Puzzles          |
| Computer Lab | Outdoor Exercise |

 **Coffee and Goodies** -8:30-11:30am  
Donations of snacks, teas and creamers appreciated.

### Mondays

Chair Exercise with Valerie- 9:30am  
Mah Jongg group - 10:00am  
Line Dance sessions - 5:30pm

### Tuesdays

Continuing Guitar class -10:00am  
Fiber Weaving -10am/12pm  
Beginners Guitar- 12:30 pm  
Free Groceries (3rd Tuesdays) -10:00am

### Wednesdays

Computer class-9am. Sign up.  
Crochet - 10:00am  
Zumba/Aerobics - 10:00am  
Basic Spanish - 10:00 am  
Sewing - 12:30pm  
Conversational Spanish-12:45pm

### Thursdays

Exercise class - 9:30am  
Watercolor Painting - 9:30am  
T.O.P.S. - 10:00am  
Beading class - 12:30pm  
All Faiths Bible Study - 11:30am

### Fridays

Popcorn Fridays - 9am-11:30am  
Embroidery Machine class -9:00am  
Chair Exercise with Valerie- 9:30am  
Bingo- 10am-11:30am  
Monthly Birthday Celebration (3rd Friday, usually) -12:30-2:00pm

## 60+ Congregate Meal Program

\$2 donation

**Monday-Friday**  
**11:30am - 1:00pm**

A service of the Area Agency on Aging and the City of Albuquerque.

See Arnold, Meal site Coordinator for meal registration.

**\*Reserve your lunch no later than 1:00 pm the previous business day at (505) 930-2658.**



The Village of Tijeras will recognize and honor Veterans on Monday, November 10, 10:00am at the Luis Garcia Memorial Park. Refreshments to follow at the Senior Center. All veterans and family are invited.

## November Events Line-up



**National Donut Day -**  
Wednesday, Nov. 5. Come  
early for a donut.

### **Veterans Display Week. -**

Nov. 10-14.

Bring in your service photos  
and memorabilia for display  
by 11/7.



### **Our Veterans Recognition Program**



-Monday, Nov. 10, at 12 noon. We  
will be honoring our senior  
center participants who are  
veterans.

*Tuesday, Nov. 11 - Center closed for Veterans  
Day. Thank you, Veterans, for your service.*

### **Pumpkin-pajooza -**

Friday, Nov. 14. Bring  
pumpkin treats to share.

Also, come for pumpkin-flavored pancakes at  
9:00am.



**Upcycled Crafts - Monday,**  
Nov. 17, 12:30pm. Turn fridge  
magnets into works of art!



**Free Groceries -Tuesday, Nov. 18 ,**  
10am. Come early! Don't miss out! For  
low-income seniors (under \$1300 mo.),  
sponsored by Silver Horizons and  
Bernalillo County.

### **November Birthdays**

**Celebration - Friday, Nov. 21,**  
12:30pm. Music by Gabe.



**Vitalant Blood Drive - Tuesday, Nov. 25,**  
10am-2pm at Tijeras Town Hall.



**Happy Thanksgiving!**  
**Center closed Thursday, 27th**  
**and Friday, 28th.**

## **Watercolor Painting Class Exhibit, Sept. 18-Oct. 9**



## **Guitar Class "Saloon Serenade", Sept. 30**



Barb, Art, Nancy (instructor), Frank and Anna.

## **October Birthdays Celebration, Oct. 17**



Happy Birthday to Mena!



**Haunted House**  
**created in Crafts class**  
**Oct. 6. by Rowena**  
**Baca and Deb Hoyt.**  
Congratulations to  
Barb Karlo who won it  
in the drawing Oct. 17.



A very spooky group having a "thrilling" time.