VILLAGE OF TIJERAS SENIOR CENTER
OCTOBER 2025 11:30-1:00
Please Remember to Call in 24 Hours in Advance to RSVP YOUR LUNCH
505-930-2658

Monday	Tuesday	Wednesday	Thursday	Friday
29 **Chicken Fajitas w/Salsa** **Ranch Beans** **Flour tortilla** **Hot sliced Apples** **1% Milk**	**30** **Beef Stroganoff w/Elbow Pasta** **Cauliflower w/ Red Peppers** **Dinner Roll** **Margarine** **Grapes** **1% Milk**	**1** **Tamales** **Red Chile Sauce** **Spinach** **Pinto Beans** **Yogurt** **1% Milk**	**2** **Green Chile Mac & Cheese** **Steamed Broccoli** **Diced Beets** **Brownie** **1% Milk**	**3** **BBQ Pulled Pork** **Sweet Potato Mash** **Green Beans w/Mushrooms** **Jell-O** **1% Milk**
6 **Cottage Pie** **Spinach w/ Onions** **Corn Bread** **Mandarin Oranges** **1% Milk**	**7** **Teriyaki Pork w/ Brown Rice** **Stir Fry Veggies** **Corn & Edamame** **Diced Pears** **1% Milk**	**8** **Frito Pie** **Normandy Blend** **Banana** **1% Milk**	**9** **Green Chile Cheese** **Veggie Burger** **Diced Potatoes** **Stewed Tomatoes** **Diced Peaches** **1% Milk**	**10** **Green Chile Posole** **Green Beans** **Steamed Carrots** **Crackers** **Jell-O** **1% Milk**
13 **VILLAGE HALL, MVD & SENIOR CENTER WILL BE CLOSED IN OBSERVATION OF INDIGENOUS PEOPLES' DAY**	**14** **Open Faced Turkey Sandwich** **Gravy** **Sweet Potato Mash** **Green Beans** **Yogurt** **1% Milk**	**15** **Sweet & Sour Pork** **Brown Rice** **Stir Fry Veggies** **Sliced Carrots** **Pudding** **1% Milk**	**16** **Vegetable Lasagna** **Brussel Sprouts** **Garlic Breadstick** **Mixed Berries** **1% Milk**	**17** **Green Chile Stew** **Pinto Beans** **Flour Tortilla** **Applesauce** **1% Milk**
20 **Beef Tips w/ Pasta** **Gravy** **Green Beans w/ Mushrooms** **Sliced Carrots** **Pudding** **1% Milk**	**21** **Chicken Pot Pie** **Diced Beets** **Brussel Sprouts** **Yogurt** **1% Milk**	**22** **Tilapia w/ Garlic Butter** **Brown Rice** **Cauliflower** **Apple Slices** **1% Milk**	**25** **Pasta Primavera** **Spinach w/ Onions** **Edamame** **Banana** **1% Milk**	**26** **Green Chile Ham** **Mac & Cheese** **Normandy Blend** **Cornbread** **Mixed Berries** **1% Milk**
27 **Carne Adovada** **Spanish Rive** **Corn** **Tortilla** **Pear** **1% Milk**	**28** **Breaded Chicken Patty w/ Green Chile White Gravy** **Sweet Potato Mash** **Green Beans** **Applesauce** **1% Milk**	**29** **Pot Roast** **Italian Blend** **Ancient Grain** **Yogurt** **1% Milk**	**30** **Cheese Omelet w/ Fajita Blend** **Stewed Tomato** **Diced Potatoes** **Mandarin Oranges** **1% Milk**	**31** **Mummy loaf in Swamp Water** **Mashed Potatoes** **Sliced Carrots** **Jell-O** **1% Milk**