

Village of Tijeras Senior Center



10 Tijeras Ave., Tijeras, NM 87059

(505) 286-4220; **Meals (505) 930-2658**

Hours: Monday - Friday, 8:30am - 4:00pm

OCTOBER 2025



Classes, Activities & Events

See Rita, Center Manager for Center registration. Annual membership is \$10 per person. **October memberships are due.**

Daily Drop-In Activities

Billiards	Fitness Room
Library	Puzzles
Computer Lab	Outdoor Exercise



Coffee and Goodies -8:30-11:30am

Donations of snacks, teas and creamers appreciated.

Mondays

Chair Exercise with Valerie- 9:30am

Mah Jongg group - 10:00am

Line Dance sessions - 5:30pm

Tuesdays

Continuing Guitar class -10:00am

Fiber Weaving -10am/12pm

Beginners Guitar- 12:30 pm

Free Groceries (3rd Tuesdays) -10:00am

Wednesdays

Computer class-9am. Sign up.

Crochet - 10:00am

Zumba/Aerobics - 10:00am

Basic Spanish - 10:00 am

Sewing - 12:30pm

Conversational Spanish-12:45pm

Thursdays

Exercise class - 9:30am

Watercolor Painting - 9:30am

T.O.P.S. - 10:00am

Beading class - 12:30pm

All Faiths Bible Study - 11:30am

Fridays

Popcorn Fridays - 9am-11:30am

Embroidery Machine class -9:00am

Chair Exercise with Valerie- 9:30am

Bingo- 10am-11:30am

Monthly Birthday Celebration (3rd Friday, usually) -12:30-2:00pm

60+ Congregate Meal

Program \$2 donation

Monday-Friday

11:30am - 1:00pm

A service of the Area Agency on Aging and the City of Albuquerque.

See Arnold, Meal site Coordinator for meal registration.

***Reserve your lunch no later than 1:00 pm the previous business day at (505) 930-2658.**



Village's Trick or Treat Event

Saturday, October 25

12 noon-8pm

Arts & Crafts Fair 12-4pm

At Senior Center





October Events Line-up

Rummage Sale- Fri., Oct. 3,
10am-2. Tables \$10. Sign up.
Come find some treasures!



Making a Haunted House - Monday,
Oct. 6, 9:30am. Come help create a
spooky little house to give away at
the Birthday party.

50+ Prime Time Expo trip - Wednesday,
Oct. 8, 8:30am. Sign up by 10/3.

*Indigenous Peoples Day - Monday, Oct. 13.
Center closed*

**NM Aging Services Medicare Enrollment
info** - Thursday, Oct. 16, 10am-1pm



October Birthdays Celebration -
Friday, Oct. 17, 12:30pm. Music by
Gabe. Dress up for Halloween!
Drawing for the Haunted House.

Apex Medicare Solutions info-Friday, Oct.
17 - 10am-1pm.

Free Groceries - Tues., Oct. 21, 10am.
Come early! Don't miss out! For
low-income seniors (under \$1300 mo.),
sponsored by Silver Horizons and Bernalillo
County.



Chili Cook-off! - Thursday, Oct. 23,
9:30am-11:30. Cook at home, then
bring in a crock-pot. We'll vote on
the best of the best!

Trip to Harvest Festival dance- Friday, Oct.
24, 9:00am at Raymond G. Sanchez Center.
Sign up.

Estate Planning presentation
- Monday, Oct. 27,
1:00pm-3:00pm. Free. Sign up
by 10/23. Presented by the Senior
Citizens Law office.



Upcycled Crafts class created cement planters August 25



Pictured above L to R: Rowena's, Mary G.'s, Liz's
and Mary B.'s. Not pictured, Colleen's.

Birthdays Celebration/Hoe Down, Sept. 19



Happy Birthday to Gary, Stan, Sandra, Kelli and
Cheryl. Line dancers: Louisa, Barb, Victor, Rita and
Michael.

Oktoberfest, Sept. 24



Above, Barb and Roy.
The Jazz Roots Duet
performing polkas.
Jim and Susie enjoying
a cider Prosit.



Upcoming November Events...

11/10-14 - **Veterans Display Week.**
Bring in your service photos and
memorabilia for display by 11/7.



11/10- **Our Veterans Recognition Program** -12
noon. **Program in Luis Garcia park** -
10:00am.