

Village of Tijeras Senior Center

10 Tijeras Ave., Tijeras, NM 87059
(505) 286-4220; Meals (505) 269-7518
Hours: Monday - Friday, 8:30am - 4:00pm
Closed weekends. **Closed Jan. 1 & 19**



January 2026

Classes, Activities & Events

See Rita, Center Manager for Center registration. Annual membership is \$10 per person. **January memberships are due.**

Daily Drop-In Activities

Billiards	Outdoor Exercise
Library	Puzzles
Computer Lab	Fitness Room

*Reminder of Fitness Room Rules:

No street shoes. You must change your shoes to clean sneakers before entering the room.
No drinks or snacks in the room.



Coffee and Goodies

-8:30-11:30am

Donations of snacks, creamers, coffee, and other supplies, such as napkins appreciated.

Mondays

Chair Exercise with Valerie- 9:30am
Mah Jongg group - 10:00am
Starting next month- AARP Tax Assistance

Tuesdays

Guitar class -10:00am
Fiber Weaving-10am/12pm
Free Groceries (3rd Tuesdays) -10:00am

Wednesdays

Crochet - 10:00am
Zumba/Aerobics - 10:00am
Basic Spanish - 10:00 am
Sewing - 12:30pm
Conversational Spanish-12:45pm

Thursdays

Exercise class - 9:30am
Watercolor Painting - 9:00am
T.O.P.S. - 10:00am
All Faiths Bible Study - 11:30am
Beading class - 12:30pm

Fridays

Embroidery Machine class -*New class will start in February*
Chair Exercise with Valerie- 9:30am
Bingo- 10am-11:30am
Monthly Birthday Celebration (3rd Friday, usually) -12:30-2:00pm

60+ Congregate Meal Program

Monday-Friday
11:30am - 1:00pm **Closed weekends**
A service of the Area Agency on Aging and the City of Albuquerque.

See Meal site Coordinator for meal registration.

***Reserve your lunch before 1:00 pm the previous business day at (505) 269-7518**



Lunch Service Volunteers Needed

- Individuals needed to serve the daily lunches here
- Food Handler Certification required
- Flexible hours; Training provided

Please See Rita or Debra if interested

January 2026 Events Line-up

Happy New Year!
Center closed January 1



Nevaeh Hospice information –
Thursday, Jan. 8, 10:30am-12pm

Upcycle Crafts class – Monday, January 12, 12:30pm. Making ornaments from old Christmas cards.

January Birthdays Celebration – Friday, January 16, 12:30pm. Music by Gabe.

Center closed Monday, January 19 for Martin Luther King Jr. Day.

Free Groceries – Tuesday, January 20, 10am. Come early! Don't miss out! For low-income seniors sponsored by Silver Horizons and Bernalillo County.



Route 66 Centennial Mural Project Meeting

Thursday, January 22, 9:00 am.
Calling all interested senior center members and Villagers.

Come help brainstorm about this project. We would like your participation, ideas and assistance. See attached sheet for more information. Sign up!

December Birthdays Celebration and Holiday Party Dec. 19.



Pictured are Elvira Nieto, Louisa Gonzales and Gabe Trujillo-DJ.

Santa attended with stockings filled with candy.
The Gingerbread House went to Mary Gallegos.

Thank you to Santa and all the elves who helped with the event!

Deck the Halls Week



Thank you to Jerri and Doug Wilson for setting up the tree, and to Mary Gallegos and Rowena Baca for decorating the tree.

Thank you to Gilbert and Lucille Gutierrez for helping decorate the front hallway.



This cute little Gingerbread House was created Dec. 8 by the Craft class; Rowena Baca, Mary Gallegos, Liz Galbraith and Mary Boettcher.

The Cowboy Church Carolers stopped by Dec. 11 to delight us with holiday cheer.



The Guitar Class treated us to a festive holiday concert Dec. 16. Pictured: Barb Karlo, Art Bazan, Nancy Cochrell and Anna Baer.

