

Village of Tijeras Senior Center

10 Tijeras Ave., Tijeras, NM 87059

(505) 286-4220; **Meals (505) 269-7518**

Hours: Monday - Friday, 8:30am - 4:00pm

Closed weekends. **Closed Jan. 1 & 19**

January 2026



Classes, Activities & Events

See Rita, Center Manager for Center registration. Annual membership is \$10 per person. **January memberships are due.**

Daily Drop-In Activities

Billiards	Outdoor Exercise
Library	Puzzles
Computer Lab	Fitness Room

****Reminder of Fitness Room Rules:***

No street shoes. You must change your shoes to clean sneakers before entering the room.
No drinks or snacks in the room.



Coffee and Goodies

-8:30-11:30am



Donations of snacks, creamers, coffee, and other supplies, such as napkins appreciated.

Mondays

Chair Exercise with Valerie- 9:30am

Mah Jongg group - 10:00am

Starting next month- AARP Tax Assistance

Tuesdays

Guitar class -10:00am

Fiber Weaving -10am/12pm

Free Groceries (3rd Tuesdays) -10:00am

Wednesdays

Crochet - 10:00am

Zumba/Aerobics - 10:00am

Basic Spanish - 10:00 am

Sewing - 12:30pm

Conversational Spanish-12:45pm

Thursdays

Exercise class - 9:30am

Watercolor Painting - 9:00am

T.O.P.S. - 10:00am

All Faiths Bible Study - 11:30am

Beading class - 12:30pm

Fridays

Embroidery Machine class -New class will start in February

Chair Exercise with Valerie- 9:30am

Bingo- 10am-11:30am

Monthly Birthday Celebration (3rd Friday, usually) -12:30-2:00pm

60+ Congregate Meal Program

Monday-Friday

11:30am - 1:00pm Closed weekends

A service of the Area Agency on Aging and the City of Albuquerque.

See Meal site Coordinator for meal registration.

****Reserve your lunch before 1:00 pm the previous business day at (505) 269-7518***



Lunch Service Volunteers Needed

- Individuals needed to serve the daily lunches here
 - Food Handler Certification required
 - Flexible hours; Training provided
- Please See Rita or Debra if interested

January 2026 Events Line-up

Happy New Year!
Center closed January 1



Nevaeh Hospice information -
Thursday, Jan. 8, 10:30am-12pm

Upcycle Crafts class - Monday, January 12,
12:30pm. Making ornaments from old
Christmas cards.

January Birthdays Celebration - Friday,
January 16, 12:30pm. Music by Gabe.

*Center closed Monday, January 19 for Martin
Luther King Jr. Day.*

Free Groceries - Tuesday, January 20,
10am. Come early! Don't miss out!
For low-income seniors sponsored by
Silver Horizons and Bernalillo County.



Route 66 Centennial Mural Project Meeting

Thursday, January 22, 9:00 am.
Calling all interested senior
center members and Villagers.

Come help brainstorm about this project.
We would like your participation, ideas and
assistance. See attached sheet for more
information. Sign up!

**December Birthdays Celebration and Holiday
Party Dec. 19.**



Pictured are Elvira
Nieto, Louisa Gonzales
and Gabe Trujillo-DJ.

Santa attended with
stockings filled with
candy.
The Gingerbread House
went to Mary Gallegos.

Thank you to Santa and
all the elves who helped with the event!

Deck the Halls Week



Thank you to Jerri and
Doug Wilson for setting up
the tree, and to Mary
Gallegos and Rowena Baca
for decorating the tree.

Thank you to Gilbert and
Lucille Gutierrez for
helping decorate the front
hallway.



**This cute little
Gingerbread House** was
created Dec. 8 by the Craft class; Rowena Baca,
Mary Gallegos, Liz Galbraith and Mary
Boettcher.

**The Cowboy
Church Carolers**
stopped by Dec. 11
to delight us with
holiday cheer.



**The Guitar
Class** treated us
to a festive
holiday concert
Dec. 16.
Pictured: Barb
Karlo, Art
Bazan, Nancy
Cochrell and
Anna Baer.

