

Village of Tijeras Senior Center

10 Tijeras Ave., Tijeras, NM 87059

(505) 286-4220; **Meals (505) 269-7518**

Hours: Monday - Friday, 8:30am - 4:00pm

Closed weekends. **Closed Feb. 16 - Presidents Day**

February 2026



Classes, Activities & Events

See Rita, Center Manager for Center registration. Annual membership is \$10 per person. **February memberships are due.**

Daily Drop-In Activities

Billiards Outdoor Exercise

Library Puzzles

Computer Lab Fitness Room

***Reminder of Fitness Room Rules:**

No street shoes. You must change your shoes to clean sneakers before entering the room.

No drinks or snacks in the room.



Coffee and Goodies

-8:30-11:30am



Donations of snacks, creamers, coffee, and other supplies such as napkins and small paper plates appreciated.

Mondays

AARP Tax Assistance - Feb. 2 - April 13, 8:30am-1:45pm. Must register for an appointment and pick up your forms ahead of time.

Chair Exercise with Valerie- 9:30am

Mah Jongg group - 10:00am

Tuesdays

Guitar class -10:00am

Fiber Weaving-10am/12pm

Free Groceries (3rd Tuesdays) -10:00am

Wednesdays

Crochet - 10:00am

Zumba/Aerobics - 10:00am

Basic Spanish - 10:00 am

Sewing - 12:30pm. Sign up.

Conversational Spanish-12:45pm

Thursdays

Exercise class - 9:30am

Watercolor Painting - 9:00am

T.O.P.S. - 10:00am

All Faiths Bible Study - 11:30am. Join us!

Beading class - 12:30pm

Fridays

Embroidery Machine class -9:00am. Sign up. Class is a 4 week session per student.

Chair Exercise with Valerie- 9:30am

Bingo- 10am-11:30am

Monthly Birthday Celebration (3rd Friday) -12:30-2:00pm

60+ Congregate Meal Program

Monday-Friday

11:30am - 1:00pm Closed weekends

A service of the Area Agency on Aging and the City of Albuquerque.

See Meal site Coordinator for meal registration.

***Reserve your lunch before 1:00 pm the previous business day at (505) 269-7518.**

Please remember! If you order lunch and have to cancel, please call us. The meal could be given to someone waiting.





Lunch Service Volunteers Needed

- Individuals needed to serve the daily lunches here
- Food Handler Certification required
- Flexible hours; Training provided

Please See Rita or Debra if interested

February Line Up of Events

AARP Tax Assistance – Mondays, 8:30am-1:30pm, Feb. 2 thru April 13. Make your appointment.



French Funeral Home information – Thursday, Feb. 5, 10:30am-12.

Super Bowl Friday – Feb. 6.

Wear a football jersey, have some snacks, vote for the team you think will win Super Bowl LX. Then, Monday, Feb. 9, 12 noon, will be the drawing out of the winning team's vote box to see who wins the door prize.



Veterans Services Information – Friday, Feb. 13, 10:30am-1pm

Sweet Hearts Dance – Friday, Feb. 13 at Manzano Mesa Center, 9:00am – 12:30pm. The deadline to sign up is Feb. 6.



Happy Valentine's Day! February 14

Monday, Feb. 16 – Center closed for Presidents Day



Mardi Gras! – Tuesday, Feb. 17.

Come have some pancakes at 9:00am – (until they're gone.)

Then, King's Cake after lunch, 12:30.

Will you get the piece of cake with the baby?

Free Groceries – Tuesday, Feb. 17, 10am. For low income seniors 50+. Provided by Bernalillo County and Silver Horizons.



February Birthdays Celebration – Friday, Feb. 20, 12:30pm.

Scams and Identity Theft Class– what to look for, what to avoid – Monday, February 23, 1:00pm. Presented by the Senior Citizen Law Office. Sign up.



January Birthdays Celebration, Jan. 16



Happy Birthday to Cindy, Gilbert and Theresa!



Betty and Victor cut a rug to DJ Gabe's music selection.

Rte. 66 Centennial Mural Project



Anyone interested in participating in the



creation of a mural on the south wall by the parking lot, please pick up a to-scale template outline from Debra and submit your drawing no later than Monday, February 23.

Coming up in March...



- **AARP Tax Assistance** – Mondays, 8:30am-1:45pm. Sign up.
- **Power of Attorney class** – March 9, 1:00pm. Sign up.
- **Veterans Services Information** – March 13, 10am-1pm
- **Energy Efficiency Program** – March 13, 11:00am. Get your free energy saving kit.
- **Free Groceries** – March 17, 10am
- **St. Patrick's Day – March 17. Wear green!**
- **Birthdays Celebration** – March 20, 12:30pm