



# VILLAGE OF TIJERAS SENIOR CENTER

March 2026 11:30 to 1:00

Please Remember to Call in 24 Hours in Advance to RSVP YOUR LUNCH  
505-269-7578

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Sweet &amp; Sour</b> <b>Pork Stir Fry</b> <b>Edamame Brown</b> <b>Rice</b> <b>Applesauce</b> <b>1% Milk</b>	<b>3</b> <b>Meatloaf</b> <b>Gravy</b> <b>Stuffing</b> <b>Normandy Blend</b> <b>Pudding</b> <b>1% Milk</b>	<b>4</b> <b>Green Chile</b> <b>Chicken</b> <b>Posole</b> <b>Pinto Beans</b> <b>Calabacitas</b> <b>Orange</b> <b>1% Milk</b>	<b>5</b> <b>Red Chile Omelet</b> <b>w/ Peppers</b> <b>Rosemary</b> <b>Potatoes</b> <b>Spinach</b> <b>Jell-O</b> <b>1% Milk</b>	<b>6</b> <b>Breaded Pollack</b> <b>Tartar Sauce</b> <b>\Green Beans</b> <b>Sliced Carrots</b> <b>Brownie</b> <b>1% Milk</b>
<b>9</b> <b>Beef Fajitas</b> <b>Fajita Mix</b> <b>Pinto Beans/Spinach</b> <b>Spanish Rice</b> <b>Flour Tortilla</b> <b>Diced Peaches</b> <b>1% Milk</b>	<b>10</b> <b>Chicken Patty</b> <b>White Gravy</b> <b>Green Beans &amp;</b> <b>Mushrooms</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Vanilla Pudding</b> <b>1% Milk</b>	<b>11</b> <b>Beef Stew</b> <b>Mixed Vegetables</b> <b>Mashed Potatoes</b> <b>Cornbread</b> <b>Yogurt</b> <b>1% Milk</b>	<b>12</b> <b>Green Chile</b> <b>Cheese Veggie</b> <b>Burger</b> <b>Corn &amp; Red</b> <b>Peppers</b> <b>Stewed Tomatoes</b> <b>Diced Pears</b> <b>1% Milk</b>	<b>13</b> <b>Tuna Casserole w/</b> <b>Mixed Vegetables</b> <b>Edamame</b> <b>Brussel Sprouts</b> <b>Jell-O</b> <b>1% Milk</b>
<b>16</b> <b>Rotisserie Chicken</b> <b>Mash Potatoes/</b> <b>Gravy</b> <b>Sliced Carrots</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Mandarin Oranges</b> <b>1% Milk</b>	<b>17</b> <b>Corned Beef &amp;</b> <b>Cabbage</b> <b>Rosemary</b> <b>Potatoes</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Green Jell-O</b> <b>1% Milk</b>	<b>18</b> <b>BBQ Pulled Pork</b> <b>Diced Beets</b> <b>Corn &amp; Red Peppers</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Peaches</b> <b>1% Milk</b>	<b>19</b> <b>Minestrone Soup</b> <b>Steamed</b> <b>Broccoli</b> <b>Cornbread</b> <b>Watermelon</b> <b>1% Milk</b>	<b>20</b> <b>Breaded Pollock</b> <b>Tarter Sauce</b> <b>Green Beans</b> <b>Warm Cucumber</b> <b>Salad</b> <b>Yogurt</b> <b>1% Milk</b>
<b>23</b> <b>Baked Chicken</b> <b>Diced Tomato &amp;</b> <b>Cucumber Salad</b> <b>Corn</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Orange</b> <b>1% Milk</b>	<b>24</b> <b>Meatball Sub</b> <b>Cauliflower</b> <b>Green Beans w/</b> <b>Mushrooms</b> <b>Vanilla Pudding</b> <b>1% Milk</b>	<b>25</b> <b>Pork Chop</b> <b>Green Chile Gravy</b> <b>Brown Rice</b> <b>Normandy Blend</b> <b>Applesauce</b> <b>1% Milk</b>	<b>26</b> <b>Mac &amp; Cheese w/</b> <b>Broccoli</b> <b>Brussel Sprouts</b> <b>Sliced Peppers</b> <b>Watermelon</b> <b>1% Milk</b>	<b>27</b> <b>Cajun Tilapia</b> <b>Pasta w/ Garlic</b> <b>Butter</b> <b>&amp; Diced Tomatoes</b> <b>Green Peas/</b> <b>Carrots</b> <b>Banana</b> <b>1% Milk</b>
<b>30</b> <b>Green Chile</b> <b>Chicken Posole</b> <b>Green Beans &amp;</b> <b>Mushrooms</b> <b>Stewed Tomatoes</b> <b>Jell-O</b> <b>1% Milk</b>	<b>31</b> <b>Salisbury Steak</b> <b>Gravy</b> <b>Mashed Potatoes</b> <b>Roasted Vegetables</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Yogurt</b> <b>1% Milk</b>	<b>1</b> <b>Chicken Tetrzzini</b> <b>Diced Beets</b> <b>Breadstick</b> <b>Pears</b> <b>1% Milk</b>	<b>2</b> <b>Cheese Omelet</b> <b>Fajita Blend</b> <b>Spinach</b> <b>Sweet Potato</b> <b>Mash</b> <b>Orange</b> <b>1% Milk</b>	<b>3</b> <b>Baked Tilapia</b> <b>Diced Tomatoes</b> <b>Brown Rice</b> <b>Steamed Broccoli</b> <b>Apple Slices</b> <b>1% Milk</b>