



## VILLAGE OF TIJERAS SENIOR CENTER

April 2026 11:30-1:00

**Please Remember to Call in 24 Hours in Advance to RSVP YOUR LUNCH  
505-286-4220 OR 505-269-7518**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> <b>Green Chile</b> <b>Chicken Posole</b> <b>Green Beans &amp; Mushrooms</b> <b>Stewed Tomatoes</b> <b>Jell-O</b> <b>1% Milk</b>	<b>31</b> <b>Salisbury Steak</b> <b>Gravy</b> <b>Mashed Potatoes</b> <b>Roasted Vegetables</b> <b>Dinner Roll</b> <b>Yogurt</b> <b>1% Milk</b>	<b>1</b> <b>Chicken Tetrizzini</b> <b>Diced Beets</b> <b>Breadstick</b> <b>Pears</b> <b>1% Milk</b>	<b>2</b> <b>Cheese Omelet</b> <b>Fajita Blend</b> <b>Spinach</b> <b>Sweet Potato Mash</b> <b>Orange</b> <b>1% Milk</b>	<b>3</b> <b>Baked Tilapia</b> <b>Diced Tomatoes</b> <b>Brown Rice</b> <b>Steamed Broccoli</b> <b>Apple Slices</b> <b>1% Milk</b>
<b>6</b> <b>Pork Chop w/Gravy</b> <b>Mashed Potatoes</b> <b>Buttery Peas</b> <b>Mandarin Oranges</b> <b>1% Milk</b>	<b>7</b> <b>Rotisserie Chicken</b> <b>Brown Rice</b> <b>Diced Beets</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Banana</b> <b>1% Milk</b>	<b>8</b> <b>Frito Pie</b> <b>Imperial Blend</b> <b>Corn Chips</b> <b>Orange</b> <b>1% Milk</b>	<b>9</b> <b>Green Chile Cheese</b> <b>Veggie Burger</b> <b>Cauliflower</b> <b>Succotash</b> <b>Chocolate Pudding</b> <b>1% Milk</b>	<b>10</b> <b>Lemon Pepper Pollock</b> <b>Sweet Potato Mash</b> <b>Green Beans</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Grapes</b> <b>1% Milk</b>
<b>13</b> <b>Sloppy Joe</b> <b>Ranch Beans</b> <b>Broccoli</b> <b>Apple Slices</b> <b>1% Milk</b>	<b>14</b> <b>Tuna Salad</b> <b>Sandwich</b> <b>Cucumber, Tomato &amp; Red Onion</b> <b>3 Bean Salad</b> <b>Honey Dew</b> <b>1% milk</b>	<b>15</b> <b>Chicken Fajita</b> <b>Spanish Rice</b> <b>Calabacitas</b> <b>Tortilla</b> <b>Banana</b> <b>1% Milk</b>	<b>16</b> <b>Vegetable &amp; Cheese</b> <b>Lasagna</b> <b>Diced Potatoes</b> <b>Crinkle Cut Carrots</b> <b>Sliced Peaches</b> <b>1% Milk</b>	<b>17</b> <b>Meatloaf w/Tomato Sauce</b> <b>Normandy Blend</b> <b>Sweet Potato Mash</b> <b>Yogurt</b> <b>1% Milk</b>
<b>20</b> <b>Carne Adovada w/Red Chili</b> <b>Spinach</b> <b>Pinto Beans</b> <b>Tortilla</b> <b>Vanilla Pudding</b> <b>1% Milk</b>	<b>21</b> <b>Beef Fajita Meat w/Gravy</b> <b>Mashed Yams</b> <b>Collard Greens</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Yogurt</b> <b>1% Milk</b>	<b>22</b> <b>Mushroom Swiss</b> <b>Beef Patty</b> <b>Normandy Blend</b> <b>Brussel Sprouts</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Orange</b> <b>1% Milk</b>	<b>23</b> <b>Spaghetti w/Marinara Sauce</b> <b>Imperial Blend</b> <b>Garlic Bread Stick</b> <b>Apple Slices</b> <b>1% Milk</b>	<b>24</b> <b>Denver Omelet</b> <b>Stewed Tomatoes</b> <b>Hash Browns</b> <b>Banana</b> <b>1% Milk</b>
<b>27</b> <b>Green Chile</b> <b>Chicken Posole</b> <b>Roasted Potatoes</b> <b>Bell Peppers</b> <b>Mandarin Oranges</b> <b>1% Milk</b>	<b>28</b> <b>Beef Tips w/Noodles</b> <b>Normandy Blend</b> <b>Pinto Beans</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Pear</b> <b>1% Milk</b>	<b>29</b> <b>Pork Loin</b> <b>Black Eyed Peas</b> <b>Sweet Potatoes</b> <b>Honey Dew</b> <b>1% Milk</b>	<b>30</b> <b>Mozzarella Baked Ziti</b> <b>Marinara</b> <b>Winter Blend</b> <b>Garlic Bread Stick</b> <b>Apple Sauce</b> <b>1% Milk</b>	<b>1</b> <b>Salisbury Steak</b> <b>Gravy</b> <b>Diced Potatoes</b> <b>Malibu Blend</b> <b>Jell-O</b> <b>1% Milk</b>