

Village of Tijeras Senior Center

10 Tijeras Ave., Tijeras, NM 87059

(505) 286-4220; **Meals (505) 269-7518**

Hours: Monday - Friday, 8:30am - 4:00pm
Closed weekends.

April 2026



Classes, Activities & Events

See Rita, Center Manager for Center registration. Annual membership is \$10 per person. *April memberships are due.*

Daily Drop-In Activities

Billiards Outdoor Exercise
Library Puzzles
Computer Lab Fitness Room

****Reminder of Fitness Room Rules:***

No street shoes. You must *change your shoes* to clean sneakers before entering the room.
No drinks or snacks in the room.



Coffee and Goodies -8:30-11:30am

Donations of snacks, creamers, coffee, and other supplies such as napkins and small paper plates appreciated.

Mondays

AARP Tax Assistance -April 6 - 13,
9:00am-1:45pm. Must register for an appointment and pick up your forms ahead of time.

Chair Exercise with Valerie- 9:30am
Mah Jongg group - 10:00am

Tuesdays

Get Fit Exercise class - 9:30am
Guitar class -10:00am
Fiber Weaving-10am/12pm
Free Groceries (3rd Tuesdays) -10:00am

Wednesdays

Crochet - 10:00am
Zumba/Aerobics - 10:00am
Basic Spanish - 10:00 am
Sewing - 12:30pm. Sign up.
Continuing Spanish-12:45pm

Thursdays

Watercolor Painting - 9:00am
New class -Stronger Memory class -
9:00am
Gentle Exercise class - 9:30am
T.O.P.S. - 10:00am
All Faiths Bible Study - 11:30am. Join us!
Beading class - 12:30pm

Fridays

Chair Exercise with Valerie- 9:30am
Bingo- 10am-11:30am
Monthly Birthday Celebration (3rd Friday)
-12:30-2:00pm

60+ Congregate Meal Program

Monday-Friday 11:30am - 1:00pm
A service of the Area Agency on Aging and the City of Albuquerque.

See Meal site Coordinator for meal registration.

****Reserve your lunch before 1:00 pm the previous business day at (505) 269-7518. Please remember! If you order lunch and have to cancel, please call us right away. The meal could be given to someone waiting.***

April Line Up of Events

Happy Easter! April 5



AARP Tax Assistance - Mondays, April 6 & 13, 9:00am-1:45pm.



Veterans Services Information - Friday, April 10, 10:30am-1pm

Upcycled Crafts - Monday, April 13, 1:00pm. Creating a birdbath podium from bottles and cement. (The project will take a few days.)

April Birthdays Celebration - Friday, April 17, 12:30pm. Music by Gabe. Cake sponsored by Jacinta Gomez.



Free Groceries - Tuesday, April 21, 10am. For low income seniors 50+. Provided by Bernalillo County and Silver Horizons.



Earth Day Planting - Wednesday, April 22, 9:30am. Come help put plants around the grounds.



Plus a Gardening Meeting - Needing volunteers to assist in the gardens around the center. A short meeting following the planting. (Approx. 10:30am)

Senior Center Volunteer Appreciation Program-

Thursday, April 23, 12:30pm. Come join us in thanking our fabulous volunteers! A program and refreshments to follow lunch.



Book Signing Event, February 27



Tom Wander, author, signs his new book "Urchin" for the center participants Friday, February 27.

Energy Efficiency Program, March 13

Willam Kuhn from PNM discusses home energy efficiency. Twenty five energy kits were distributed to participants.



March Birthdays Celebration, March 20



Line dancers at the March Birthdays celebration. Happy Birthday to Caroline and Mardi.



Village Clean-up Day - Saturday, April 25, 9am - 11am. Village Hall parking lot.

Lunch Service Volunteers Needed

-Individuals needed to serve the daily lunches here at the center.
-Flexible hours; Training provided



Coming up in May....

Older Americans Month

Friday, May 1 - **Rummage Sale**, 10am-2pm.
Monday, May 4 - **AARP Safe Drivers class**, 1-5pm. Sign up.
Thursday, May 7-21- **Watercolor and Weaving class Exhibit**
Friday, May 8- **Veterans Services information**, 10am-1pm
Monday, May 11 - **Senior Health and Information Fair**, 9am-1pm
Friday, May 15 - **Aging Services and SCLO general legal information**, 10am-1pm
Friday, May 15 - **May Birthdays Celebration**, 12:30pm
Tuesday, May 19 - **Free Groceries**, 10am
Monday, May 25 - **Closed for Memorial Day**