



VILLAGE OF TIJERAS SENIOR CENTER

AUGUST 2026

Lunch from 11:30-12:45 Call 505-269-7518 or 505-2864220

Please Remember to Call in 24 Hours in Advance

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pork Loin Gravy Normandy Blend Diced Beets Vanilla Pudding 1% Milk	4 Meatloaf Sweet Potato Mash Succotash Jell-O 1% Milk	5 Breaded Pollock Tartar Sauce Rice Pilaf Green Beans Dinner Roll Margarine Pear 1% Milk	6 Green Chile Veggie Cheeseburger Cabbage w/Apples & Onions Dice Potatoes Orange 1% Milk	7 Chicken Alfredo Zucchini w/ Red Peppers Steamed Broccoli Applesauce 1% Milk
10 Salisbury Steak Gravy Scalloped Potatoes Spinach w/Onions Dinner Roll Margarine Banana 1% Milk	11 Carne Adovada Calabacitas Pinto Beans Flour Tortilla Apple Slices 1% Milk	12 Spaghetti w/Meatballs Marinera Sliced Carrots Zucchini & Peppers Grapes 1% Milk	13 Cheese Omelet w/Red Chile Stewed Tomato Diced Potatoes Dinner Roll Margarine Pudding 1% Milk	14 BBQ Chicken Sandwich Diced Sweet Potato Steamed Broccoli Jell-O 1% Milk
17 Teriyaki Beef w/Brown Rice Sliced Carrots Cabbage w/ Apples & Onions Fortune Cookie 1% Milk	18 BBQ Pork Baked Beans Spinach w/Mushrooms Cornbread Applesauce 1% Milk	19 Shredded Chicken Brown rice Fajita Blend Veggies Green Beans Pear 1% Milk	20 Vegetable Lasagna Lima Beans Garlic Breadstick Pudding 1% Milk	21 Chicken Tamales Green Chile Cauliflower Pinto Beans Orange 1% Milk
24 Sliced Ham w/ Pineapple Sauce Ranch Beans Spinach Cornbread Peach 1% Milk	25 Chicken Vegetable Stir Fry Soy Sauce Brown Rice Green Beans Apple Slices 1% Milk	26 Beef Steak/Gravy Grilled Onions Mashed Potatoes Corn w/Peppers Dinner Roll Margarine Watermelon 1% Milk	27 Mediterranean Bean Salad Broccoli w/Garlic Brown Rice Orange 1% Milk	28 Green Chile Cheeseburger Diced Sweet Potato Stewed Tomatoes Jell-O 1% Milk
31 Pork Fajitas Steamed Broccoli Calabacitas Tortilla Orange 1% Milk	1 Chicken Parmesan Brussel Sprouts Steamed Carrots Brownie 1% Milk	2 Red Chile Beef Enchiladas Pinto Beans Spanish Rice Yogurt 1% Milk	3 Elbow Mac & Cheese w/Broccoli Spinach/Mushrooms Wheat Breadstick Cupped Peached 1% Milk	4 Meatloaf Green Beans Cauliflower Dinner Roll Margarine Pear 1% Milk