



VILLAGE OF TIJERAS SENIOR CENTER

SEPTEMBER 2026

Lunch from 11:30-12:45 Call 505-269-7518 or 505-286-4220

Please Remember to Call in 24 Hours in Advance to RSVP your Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
31 Pork Fajitas Steamed Broccoli Calabacitas Tortilla Orange 1% Milk	1 Chicken Parmesan Brussel Sprouts Steamed Carrots Brownie 1% Milk	2 Red Chile Beef Enchiladas Pinto Beans Spanish Rice Yogurt 1% Milk	3 Elbow Mac & Cheese w/Broccoli Spinach/Mushrooms Wheat Breadstick Cupped Peaches 1% Milk	4 Meatloaf Green Beans Cauliflower Dinner Roll Margarine Pear 1% Milk
7 VILLAGE HALL, MVD & SENIOR CENTER WILL BE CLOSED IN OBSERVATION OF LABOR DAY	8 Roasted Pork Loin Brown Gravy Scalloped Potatoes Brussel Sprouts Dinner Roll Margarine Pears 1% Milk	9 Teriyaki Chicken Stir Fry Vegetables Soy Sauce Green Beans w/Mushrooms Brown Rice Fortune Cookie 1% Milk	10 Pasta Primavera w/ Broccoli & Carrots Spinach & Chick Peas Diced Beets Mandarin Oranges 1% Milk	11 Chile Bowl/Beef Pinto Beans Red Chile Calabacitas Corn Bread Mixed Berries 1% Milk
14 Meatloaf w/Gravy Mashed Potatoes Sliced Carrots Dinner Roll Margarine Yogurt 1% Milk	15 Rotisserie Chicken Brown rice Diced Beets Green Beans w/Mushrooms Dinner Roll Margarine Grapes 1% Milk	16 Lemon Pepper Pollock Buttered Noodles Spinach Pinto Beans Dinner Roll Margarine Banana 1% Milk	17 Southwest Omelet Peppers w/Onions Green Chile Stewed Tomatoes Black & Pinto Beans Peaches 1% Milk	18 Herb Pork Loin Gravy Sauteed Zucchini Diced Potatoes Dinner Roll Margarine Applesauce 1% Milk
21 BBQ Chicken Corn & Red Peppers Baked Beans Cornbread Yogurt 1% Milk	22 Salisbury Steak Brown Gravy Mashed Potatoes Succotash Mandarin Oranges 1% Milk	23 Sweek & Sour Pork Stir Fry Vegetables Brussel Sprouts Brown Rice Dinner Roll Margarine Warm Sliced Apples 1% Milk	24 Enchiladas (Green Chile, Squash, Cheese & Corn Tortillas) Pinto Beans Spanish Rice Pudding 1% Milk	25 Tuna Noodle Casserole Normandy Blend Breadstick Diced Pears 1% Milk
28 Green Chile Chicken Posole/Pinto Beans Peppers & Onions Calabacitas Tortilla Mandarin Oranges 1% Milk	29 Beef Tips Brown Rice Normandy Blend Dinner Roll Margarine Warm Apple Slices 1% Milk	30 Carne Adovada Red Chile Pinto Beans Spanish Rice Tortilla Vanilla Pudding 1% Milk	1 Baked Ziti Succotash Garlic Breadstick Applesauce 1% Milk	2 Green Chile Cheeseburger Diced Potatoes Steamed Broccoli Jell-O 1% Milk